

# **Understanding and Developing Students' Social-Emotional Learning Skills**

with SEL Assessments Aligned to the Second Step Program







## Measure Students' SEL Competencies and Supports

Panorama for Social-Emotional Learning helps educators understand the mindsets, attitudes, and skills that enable students to succeed in school and in life. Panorama's social-emotional learning measures were developed in partnership with researchers at the Harvard Graduate School of Education and the University of California Santa Barbara and have shown a high degree of validity and reliability, including correlations with student's academic, attendance, and behavioral data.

Researchers at Committee for Children (CfC) recommend Panorama as an assessment tool aligned with the *Second Step* program for pre-kindergarten through middle school, including the Middle School Program (2017 edition). For SEL assessment aligned with the *Second Step* program, Panorama and CfC recommend utilizing the following set of survey scales, which measure the social-emotional skills and aspects of positive school climate fostered by the *Second Step* program.

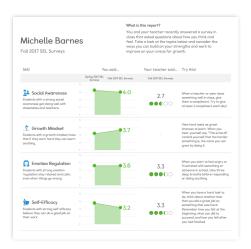
## **Recommended Panorama SEL Survey Scales**

Student Perception of SEL  Grades 3-5	Student Perception of SEL  Grades 6-8	Teacher Perception of Students  Grades PreK-8
Social Awareness	All scales for students in grades 3-5, plus:	Social Awareness
Emotion Regulation	Growth Mindset	Emotion Regulation
Sense of Belonging	Self-Efficacy	Self-Efficacy
School Safety	Teacher-Student Relationships	

# **Evaluate the Implementation of Second Step**

A number of research studies have shown that the Second Step program helps elementary students improve prosocial behaviors and helps middle school students decrease bullying and physical aggression. Research has also shown that dose—how much of the Second Step program students receive—impacts student outcomes.

Through SEL assessment and analytics, Panorama offers seamless evaluation of the implementation of the *Second Step* program in your schools, including measurement of motivation, preparedness, and training.



Panorama's student-level SEL reporting highlights multiple aspects of each student's strengths and areas for growth across SEL skills and competencies.



#### Take Action with SEL Data

Thousands of educators use Panorama's research-backed measures of students' and teachers' perceptions of SEL and interactive dashboards to identify strengths and opportunities for growth in their schools, in classrooms, and for individual students.

Next, educators can explore resources and classroom strategies using Panorama's Playbook. Each resource targets the development of students' SEL skills, and are created by successful classroom teachers and trusted partners, including the *Second Step* program.



Panorama's Playbook features classroom strategies and resources, including those from Second Step, to help educators to promote SEL.

#### **Contact Us**

To learn more and download Panorama's SEL survey, visit www.panoramaed.com/social-emotional-learning.

To bring Panorama to your school or district, reach out to <a href="mailto:contact@panoramaed.com">contact@panoramaed.com</a> for more information.

#### References

Low, S., Cook, C. R., Smolkowski, K., & Buntain-Ricklefs, J. (2015). Promoting social—emotional competence: An evaluation of the elementary version of Second Step.® Journal of School Psychology, 53, 463–477.

Espelage, D. L., Low, S., Polanin, J. R., & Brown, E. C. (2013). The impact of a middle school program to



#### **About Panorama Education**

Panorama believes data can play a powerful role in improving students' social-emotional learning. Panorama supports schools and districts from beginning to end—from administering surveys and conducting data analysis, to providing hands-on coaching and support. Over 15 million students go to school in a district using Panorama, and the organization makes all of its research-backed survey instruments open-source and free for educators to use.



## **About Second Step**

With a reach that spans 70 countries, more than 25,000 schools, and millions of children, CfC is the leading provider of research-based, social-emotional learning materials. They help children succeed in school and in life. Ultimately, CfC aims to create a world in which the whole child is not only nurtured, but celebrated.

www.cfchildren.org/second-step